

Thousands of individuals and families depend on
The Ark's Rhea Segal Kosher Food Pantry to keep food on their tables.

The Social Action Committee of SVAJ is once again asking for your HELP. Between July 15 and August 30, we are having a FOOD DRIVE to help replenish supplies at the Food Pantry, prior to the High Holidays. Drop-off containers will be provided at both the East Prairie entrance and the Monticello entrance.

The following items are what The Ark has requested; if you can't get to the store for the items, PLEASE make a monetary contribution and we will be glad to do the shopping!

- **Green Giant** canned vegetables (peas, corn, green beans)
- **Dole or Del Monte** canned/jarred fruit (applesauce, pineapple, peaches)
 - **Jif, Skippy, or Peter Pan** Peanut Butter
 - **Heinz** Vegetarian canned beans
 - **Smuckers** Strawberry Jam
- **Chicken of the Sea, Bumblebee, or Starkist** canned tuna in water
 - **Pillar Rock or Starkist** Salmon
 - Any Brand Gefilte fish
 - **Quaker** UNFLAVORED Oatmeal
- **General Mills, Quaker, or Kellogg** cold UNSWEETENED cereal
 - **Prince or Barilla** Pasta
- **Barilla** Pasta Sauce without meat and with kosher symbol
 - **Hunts** Tomato Sauce
- Any plain, unprocessed, unseasoned rice/brown rice

Also acceptable—items of entirely kosher brands

PLEASE NOTE: THE ARK WILL ACCEPT ONLY THE FOLLOWING KOSHER SYMBOLS: 

A plain "K" on a package is NOT an acceptable certification for The Ark.

If making a monetary donation, please send it to the Shul office no later than August 30th, to the attention of the Social Action Committee

Questions, contact Penny Cohn, 847-767-5124,
or email at pennycohn@gmail.com